

Bridging the Gap from Rehab to Performance

Sue Falsone, PT, MS, SCS, ATC, CSCS, COMT, RYT

Founder, Structure & Function Education

Associate Professor, Athletic Training, A. T. Still University



Disclosures

- Owner, Structure & Function Education, PLLC
 - Teaches dry needling and cupping
- Educational Advisor
 - Meyer PT
- Author
 - Bridging the Gap from Rehab to Performance

In summary



- Shoshin- always

The phrase *shoshin*, means ‘beginner’s mind.’ The goal of practice is always to keep our beginner’s mind...In the beginner’s mind there are many possibilities; in the expert’s mind there are few.

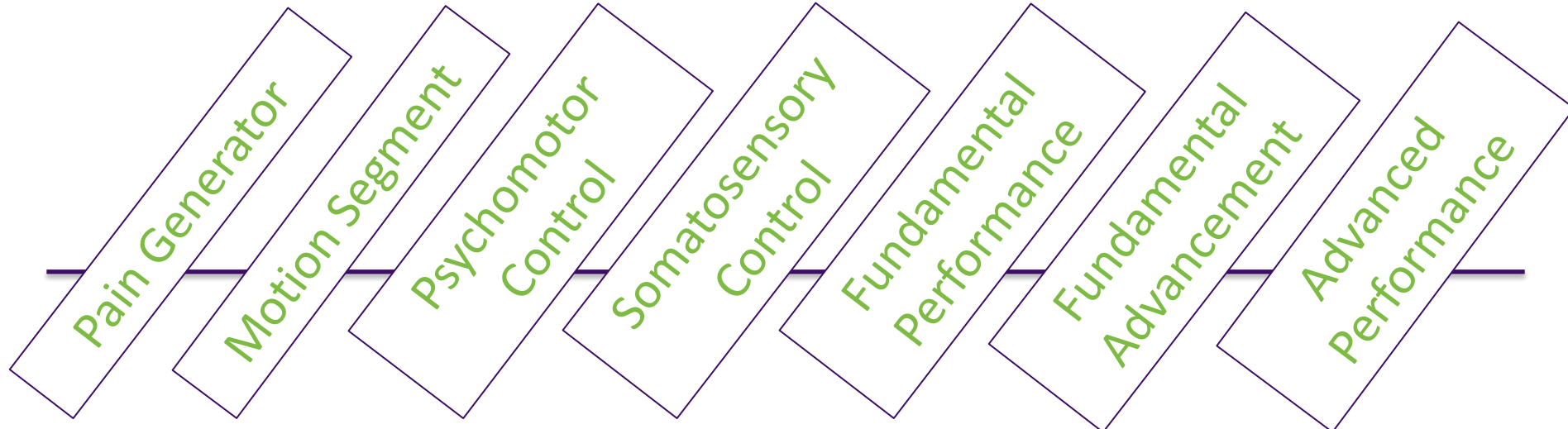
- Shunryu Suzuki-roshi

Tools vs Philosophy



**Pain Management:
Medical and Clinical Examination**

**Performance Enhancement:
Functional Examination**



Dx Specific

Dx Inclusive

Client Specific

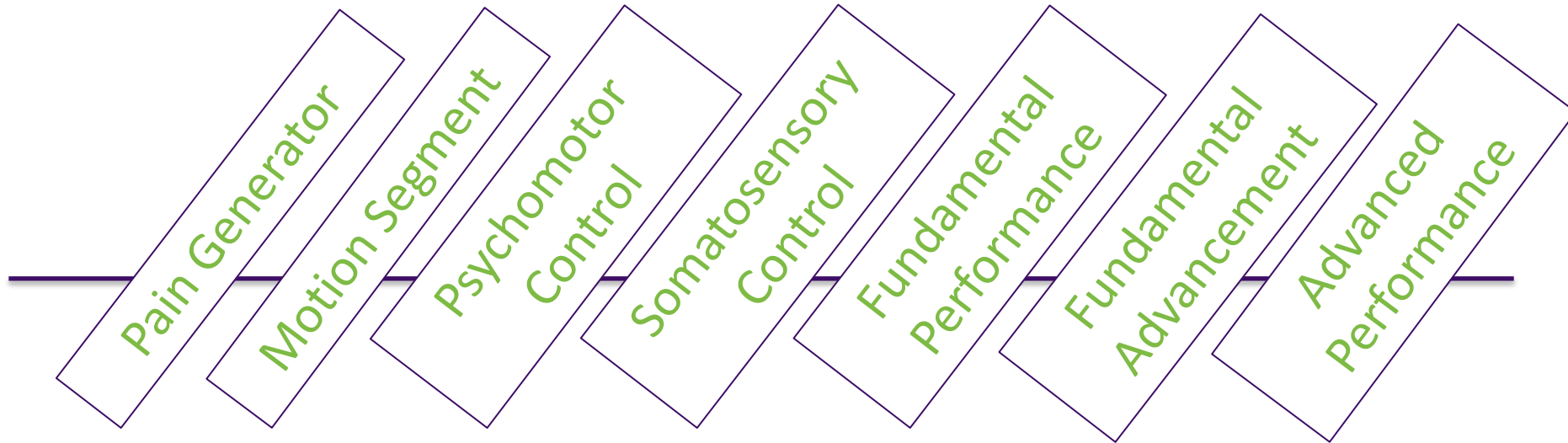
**Structural
Diagnosis**

**Functional
Diagnosis**

Biopsychosocial Factors

**Pain Management:
Medical and Clinical Examination**

**Performance Enhancement:
Functional Examination**



Dx Specific

Dx Inclusive

Client Specific

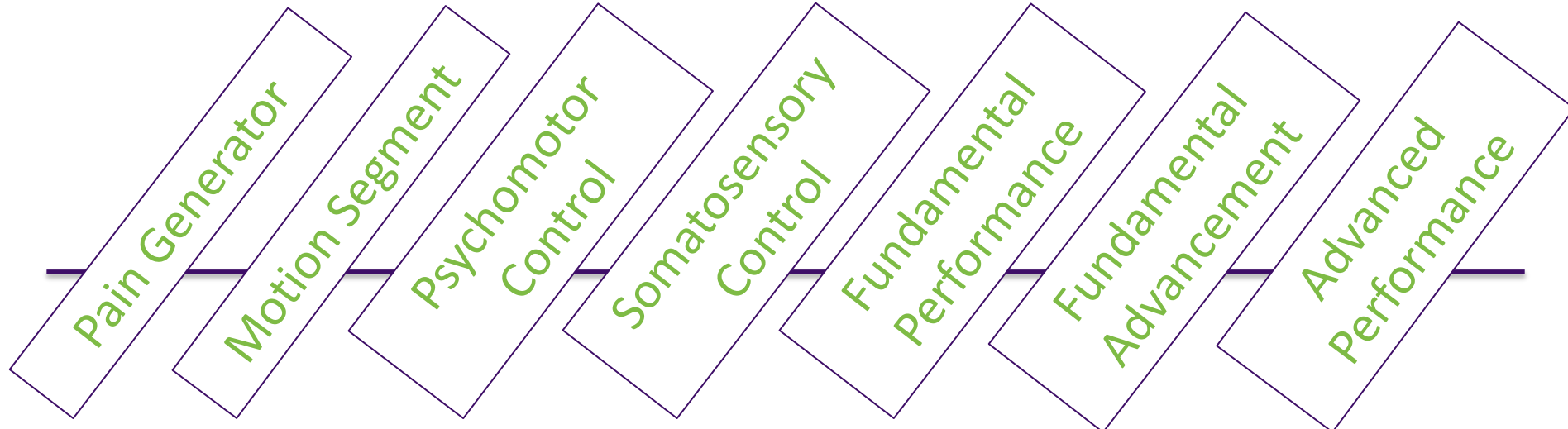
**Structural
Diagnosis**

**Functional
Diagnosis**

Biopsychosocial Factors

**Pain Management:
Medical and Clinical Examination**

**Performance Enhancement:
Functional Examination**



Dx Specific

Dx Inclusive

Client Specific

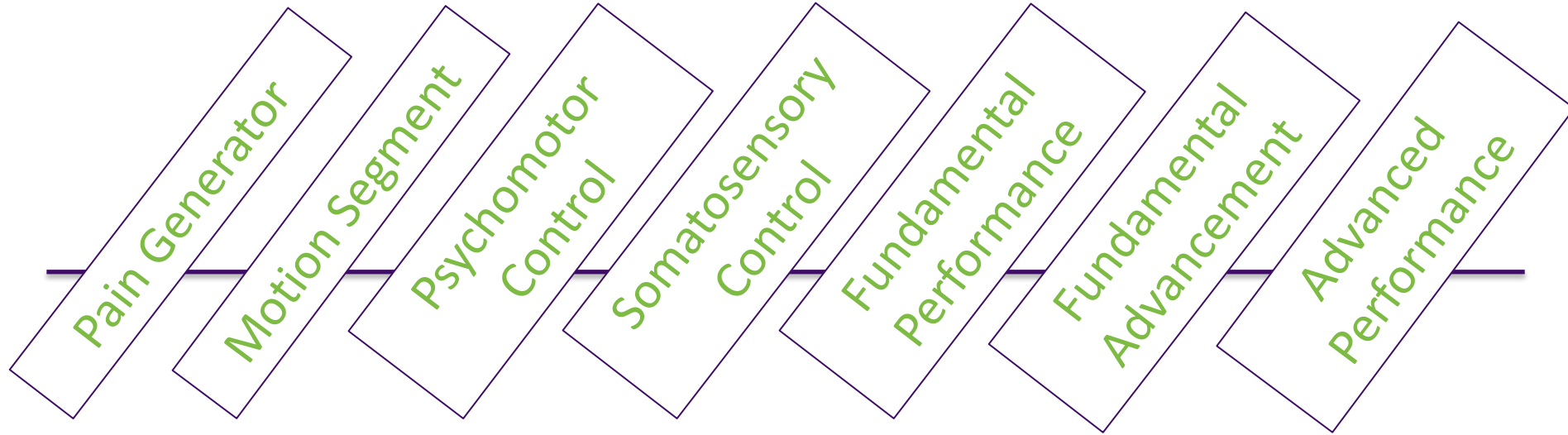
**Structural
Diagnosis**

**Functional
Diagnosis**

Biopsychosocial Factors

**Pain Management:
Medical and Clinical Examination**

**Performance Enhancement:
Functional Examination**



Dx Specific

Dx Inclusive

Client Specific

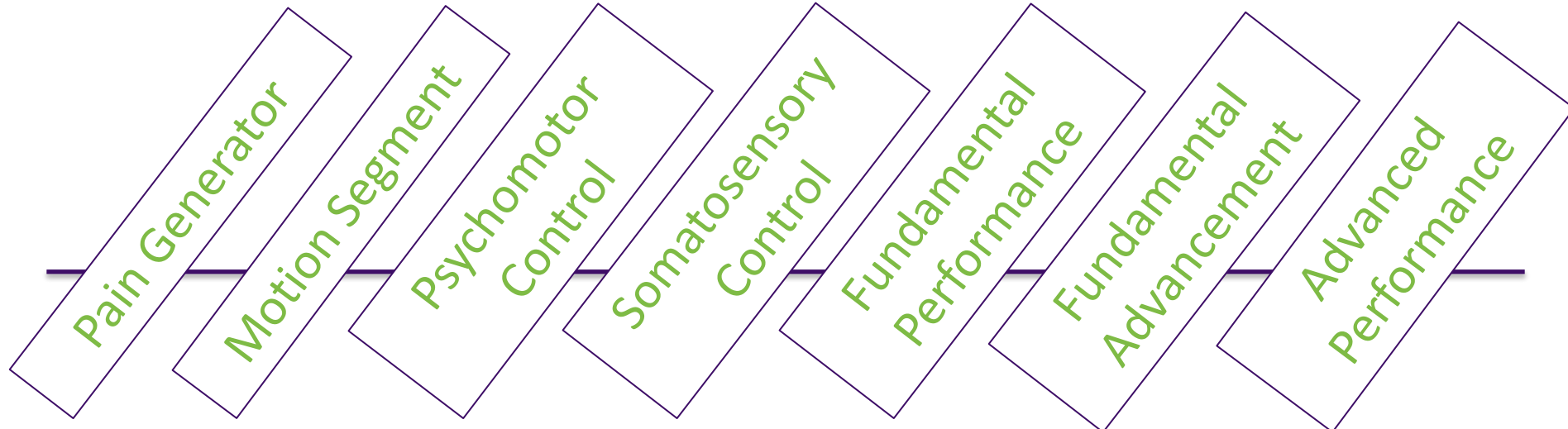
**Structural
Diagnosis**

**Functional
Diagnosis**

Biopsychosocial Factors

**Pain Management:
Medical and Clinical Examination**

**Performance Enhancement:
Functional Examination**



Dx Specific

Dx Inclusive

Client Specific

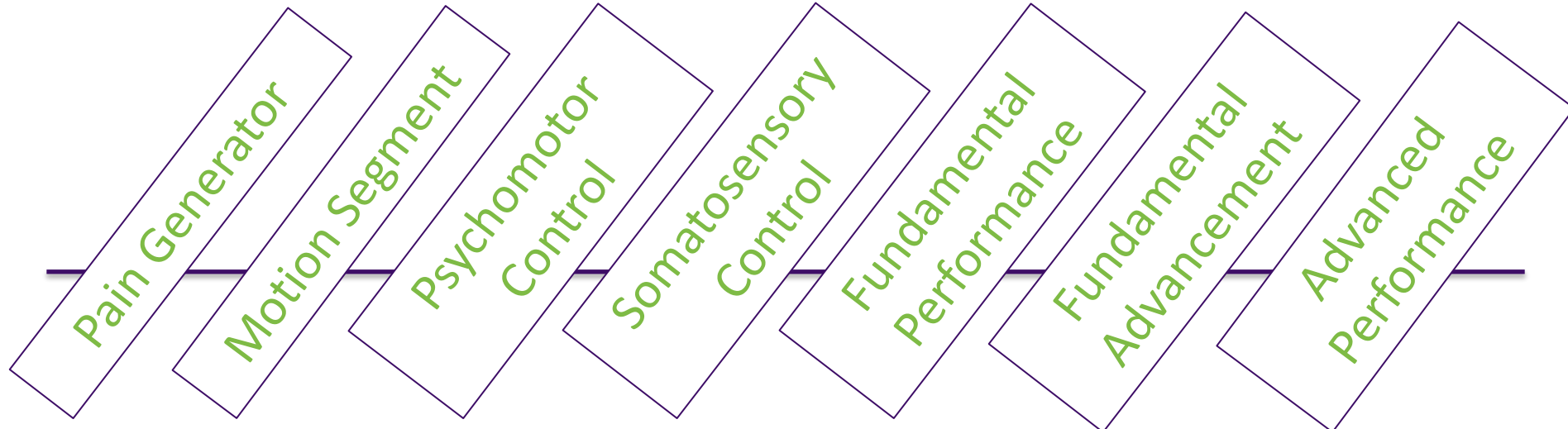
**Structural
Diagnosis**

**Functional
Diagnosis**

Biopsychosocial Factors

**Pain Management:
Medical and Clinical Examination**

**Performance Enhancement:
Functional Examination**



Dx Specific

Dx Inclusive

Client Specific

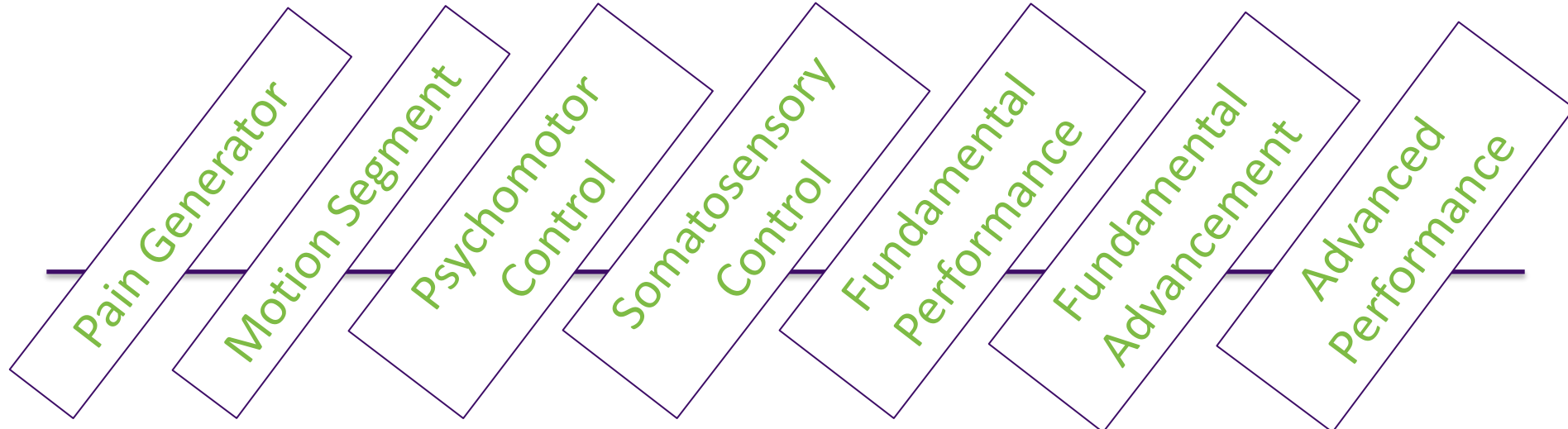
**Structural
Diagnosis**

**Functional
Diagnosis**

Biopsychosocial Factors

**Pain Management:
Medical and Clinical Examination**

**Performance Enhancement:
Functional Examination**



Dx Specific

Dx Inclusive

Client Specific

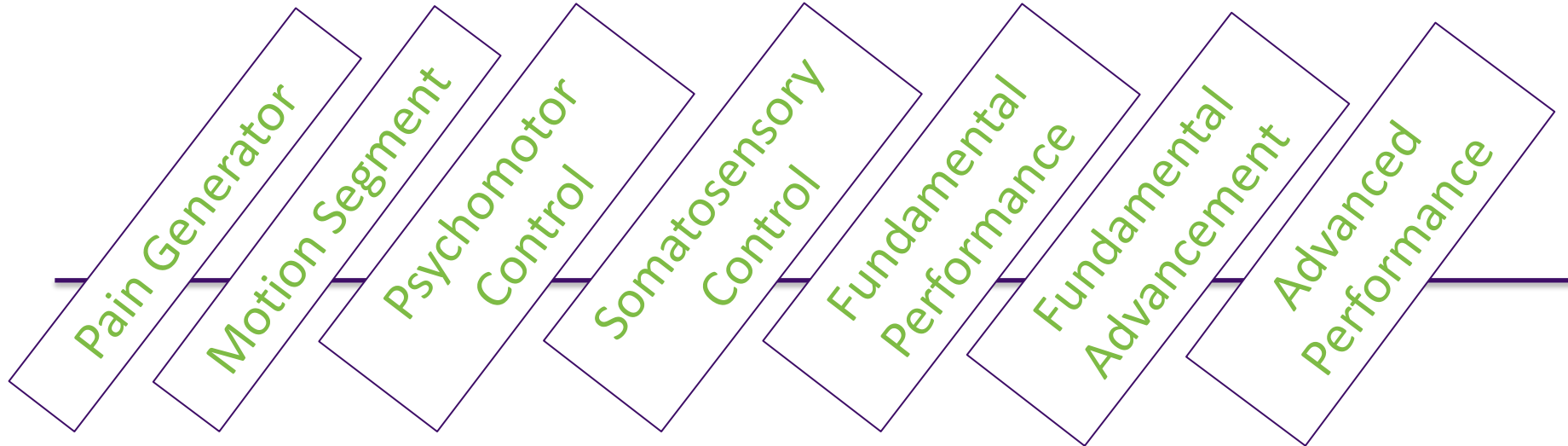
**Structural
Diagnosis**

**Functional
Diagnosis**

Biopsychosocial Factors

**Pain Management:
Medical and Clinical Examination**

**Performance Enhancement:
Functional Examination**



Dx Specific

Dx Inclusive

Client Specific

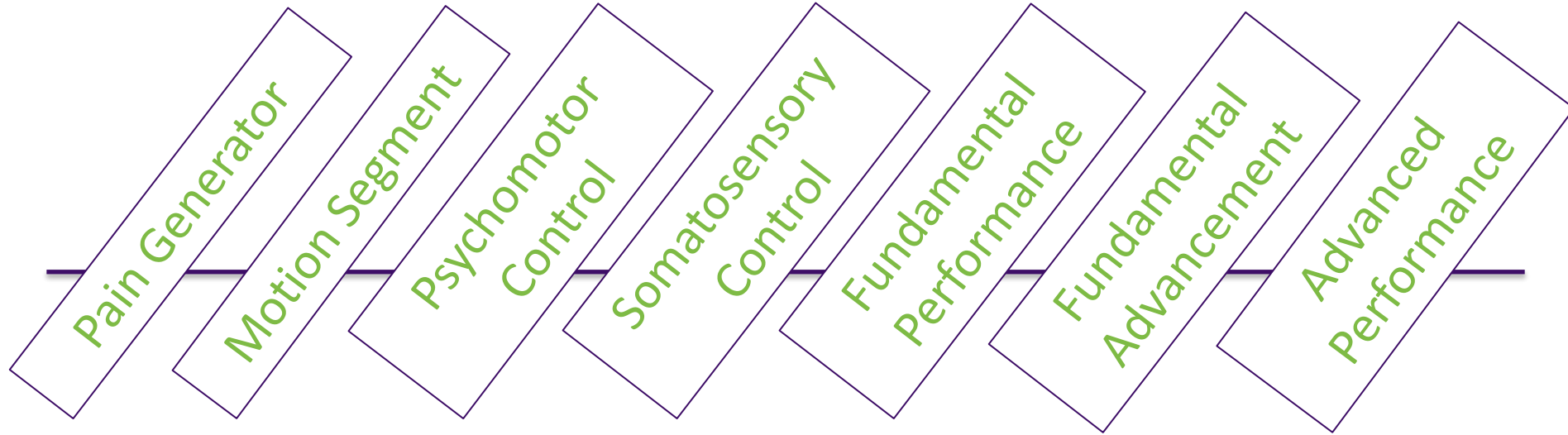
**Structural
Diagnosis**

**Functional
Diagnosis**

Biopsychosocial Factors

**Pain Management:
Medical and Clinical Examination**

**Performance Enhancement:
Functional Examination**



Dx Specific

Dx Inclusive

Client Specific

**Structural
Diagnosis**

**Functional
Diagnosis**

Biopsychosocial Factors

Stay in Touch!

www.structureandfunction.net

www.suefalsone.com

FB: Sue Falsone OR
Structure and Function

LinkedIn: Sue Falsone

Twitter: suefalsone OR
@sfdrynedling

Email: sue@suefalsone.com

Instagram: suefalsone OR
@structureandfunction

